

WORKSHEET

Early Reflection Questions

What is the objective?

Reflect on what you learned so far by testing out Thriving Foodscapes methods. Even though you are testing the methods, you may be able to develop early insights. Begin to consider initial insight 'hunches' and how further study might validate, challenge, or enrich them.

Why is this important?

Connecting the dots between different pieces of data that you collected will help you begin to think about how this initial piece of study could build the case for a larger, more in-depth Foodscape Assessment, including pilot projects, policy proposals, or other interventions to create impact.

How do I it?

Use the worksheets to reflect on what you learned, including a set of prompt questions that will help you begin to draw connections between observations about food offerings in the neighbourhood, cultural norms, the built environment, social patterns, and the everyday experience of locals.

EARLY REFLECTION QUESTIONS

Think about what you learned so far in this initial piece of study.

WHAT DID YOU LEARN ABOUT THE PRIMARY CHALLENGE?

- What is creating the conditions for this challenge to persist? E.g., social norms, health literacy, socioeconomic conditions?

- What additional challenges simultaneously exist that you hadn't considered previously?

- What barriers do people encounter that dictate their everyday lifestyle behaviours?

- How can this challenge be addressed through policy, urban planning, or public health?

WHAT DID YOU LEARN ABOUT THE SPECIFIC GEOGRAPHY YOU FOCUSED ON?

- What public life patterns did you observe in this place? Who is engaged in them?

- What are the public space conditions unique to this place that are important to celebrate?

- What are the public space conditions that are reinforcing the challenge you set out to address? E.g., transportation networks, public safety concerns.

WHAT DID YOU LEARN ABOUT YOUR TARGET COMMUNITY GROUPS?

- What factors do different groups consider when they consume food?

- What experiences unique to this community must be considered when co-creating solutions?

- How health literate are people and what stakeholders are already addressing this?

- Does the built environment influence food access differently among age and gender groups?
